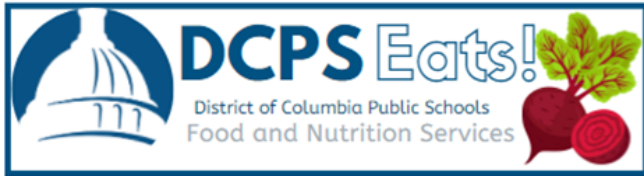


## DCPS Suggested Market Box Menu:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKEND MEALS
<b><u>Breakfast:</u></b> Cereal Assorted Fruit Milk	<b><u>Breakfast:</u></b> Cereal Assorted Fruit Milk	<b><u>Breakfast:</u></b> Cereal Assorted Fruit Milk	<b><u>Breakfast:</u></b> Cereal Assorted Fruit Milk	<b><u>Breakfast:</u></b> Cereal Assorted Fruit Milk	<b><u>Breakfast:</u></b> Cereal Assorted Fruit Milk
<b><u>Lunch:</u></b> Mac & Cheese Assorted Fruit Assorted Vegetables Milk	<b><u>Lunch:</u></b> Cheesy Baked Penne Assorted Fruit Assorted Vegetables Milk	<b><u>Lunch:</u></b> Chicken and Rice Bowl Assorted Fruit Assorted Vegetables Milk	<b><u>Lunch:</u></b> Mac & Cheese Assorted Fruit Assorted Vegetables Milk	<b><u>Lunch:</u></b> Chicken Fried Rice Assorted Fruit Assorted Vegetables Milk	<b><u>Lunch:</u></b> Chicken and Rice Bowl Assorted Fruit Assorted Vegetables Milk
<b><u>Supper:</u></b> Chicken and Rice Bowl Assorted Fruit Assorted Vegetables Milk	<b><u>Supper:</u></b> Mac & Cheese Assorted Fruit Assorted Vegetables Milk	<b><u>Supper:</u></b> Cheesy Alfredo Pasta Assorted Fruit Assorted Vegetables Milk	<b><u>Supper:</u></b> Chicken Gumbo Assorted Fruit Assorted Vegetables Milk	<b><u>Supper:</u></b> Cheesy Baked Penne Assorted Fruit Assorted Vegetables Milk	<b><u>Supper:</u></b> Mac & Cheese Assorted Fruit Assorted Vegetables Milk

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# DCPS Suggested Market Box Menu: Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKEND MEALS
<b><u>Breakfast:</u></b> Cereal Assorted Fruit Milk	<b><u>Breakfast:</u></b> Cereal Assorted Fruit Milk	<b><u>Breakfast:</u></b> Cereal Assorted Fruit Milk	<b><u>Breakfast:</u></b> Cereal Assorted Fruit Milk	<b><u>Breakfast:</u></b> Cereal Assorted Fruit Milk	<b><u>Breakfast:</u></b> Cereal Assorted Fruit Milk
<b><u>Lunch:</u></b> Mac & Cheese Assorted Fruit Assorted Vegetables Milk	<b><u>Lunch:</u></b> Cheesy Baked Penne Assorted Fruit Assorted Vegetables Milk	<b><u>Lunch:</u></b> Tofu and Rice Bowl Assorted Fruit Assorted Vegetables Milk	<b><u>Lunch:</u></b> Mac & Cheese Assorted Fruit Assorted Vegetables Milk	<b><u>Lunch:</u></b> Fried Rice w/Tofu Assorted Fruit Assorted Vegetables Milk	<b><u>Lunch:</u></b> Tofu and Rice Bowl Assorted Fruit Assorted Vegetables Milk
<b><u>Supper:</u></b> Tofu and Rice Bowl Assorted Fruit Assorted Vegetables Milk	<b><u>Supper:</u></b> Mac & Cheese Assorted Fruit Assorted Vegetables Milk	<b><u>Supper:</u></b> Cheesy Alfredo Pasta Assorted Fruit Assorted Vegetables Milk	<b><u>Supper:</u></b> Tofu Gumbo Assorted Fruit Assorted Vegetables Milk	<b><u>Supper:</u></b> Cheesy Baked Penne Assorted Fruit Assorted Vegetables Milk	<b><u>Supper:</u></b> Mac & Cheese Assorted Fruit Assorted Vegetables Milk

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